

Farmers' Market open on Saturdays!

With local cherries overflowing their baskets, strawberries spreading their luscious perfume and asparagus at its peak season this can only mean the Pleasant Hill Certified Farmers' Market is getting ready to open for the 2006 season on Saturday, May 6. The market is located in the City Hall parking lot at the corner of Gregory Lane and Trelany Road in Downtown Pleasant Hill and will run every Saturday from 10am to 2pm through October.

The Grand Opening Celebration will be held Saturday, May 13, 2006.

Pleasant Hill Certified Farmers' Market to open for 24th season!

Festivities will include a free yoga class with Sugi Studios of Pleasant Hill in the Community Room from 9:30 to 10:30am. The Jim Caroompas Band will perform their special brand of Blues and New Orleans Funk by the lake starting at 10:30am and running all day. There will be a ribbon cutting ceremony with the Chamber of Commerce at 10:30am to commemorate the opening of the 24th season of certified farmers markets in Pleasant Hill.

Twee Twee the Clown will be entertaining kids of all ages as well as Madame Ovary from the East Bay Depot

for Reuse and Recycle. There will be a cooking demo on seasonal produce and all your favorite growers and vendors will be on hand with your favorite late spring treats. Look for asparagus, strawberries, cherries, lettuces, citrus, herbs, baked goods, kettle korn, and much more.

Community non-profits are welcome to join in our festivities any Saturday throughout the season by calling Lesley Stiles at 431-8361.

> Turn to page 14 for delicious spring recipes from Lesley Stiles.

Blast back to the past on the 4th of July!



The Pleasant Hill Fourth of July Commission is busy putting together unforgettable event 2006. This year's

Independence Day theme, "Celebrating Pleasant Hill Pioneers," will bring a festive atmosphere and old fashioned fun for the entire family.

Read more about it on page 10!

Residents complete CERT Training

Thirty-eight Pleasant Hill residents graduated from the Community Emergency Response Team (CERT) training on Tuesday, April 11.

Read all about it on page 5!



City seeks Citizen Police Academy recruits

The City of Pleasant Hill is looking for residents interested in going through the City's Citizen Police Academy that provides community members with an inside look at local law enforcement.

While attending the Academy, students will be introduced to a variety of topics as part of the curriculum. The first Academy class, limited to 20 participants for each session, will commence in July. Applications will be accepted beginning in May 2006.

The Academy is designed to give residents an overview of the police department's function and operational procedures. The curriculum and teaching methods are similar to a traditional police academy; however, the weekly sessions are not designed to train the participant to be a police officer

Academy classes are taught by veteran police officers. Participants will have the opportunity to meet the Chief of Police and staff members and are encouraged to ask questions and express ideas. The goal is to strengthen the relationship with the community by giving citizens a better understanding of how a police department operates and how residents can contribute.

The program begins on Wednesday, July 12, at 6:30pm. Classes will meet every Wednesday evening from 6:30 to 9:30pm at the Pleasant Hill Police Department. The Academy will end with a graduation to be held on Wednesday, September 27. The first class will include an orientation and overview of the police department. Subsequent classes will cover Patrol Procedures, Traffic/DUI Investigations, Use of Force, Firearms Training, Booking and Detention, Crime Scene Investigation, Police Canine, Identity Theft, and much more.

The Citizen Police Academy participants are selected by the Chief of Police through an application process.

Applications may be obtained at the Police Department, City Hall, or online at www.pleasanthillpd.com. Potential candidates for the Citizen Police Academy must meet the following criteria: a minimum age of 18 years old, reside or work in the City of Pleasant Hill, no felony convictions, and no misdemeanor convictions within one year of application. Any requirement may be waived or modified upon review and approval of the Chief of Police

Applications will be reviewed and qualified applicants will be notified and asked to participate in an oral interview process. Applicants who are selected will be notified after the oral interview process.

For additional information about this program, call Sergeant Gary Brown at 288-4644.

City seeks to help home based businesses

Are you a Home-Based Business in the City of Pleasant Hill? Do you consider flip-flops part of your typical business attire? Then we are looking for you.

The City of Pleasant Hill and the Chamber of Commerce are interested in building a networking group of home-based and small businesses in the City. The City's H.E.L.P. (Helping Encourage Local Prosperity) program will begin with a kick-off meeting on Wednesday, May 17, from 9 to 10:30am in the Community Room at City Hall. Coffee and refreshments will be provided.

The City and the Chamber want to help local entrepreneurs and small businesses build viable sustainable and profitable businesses by providing resources and information that are specific to the home-based and small business segment of our community—and we need your help.

We are interested in finding out more about the specific needs of home-based and small businesses in Pleasant Hill. We want to serve as strategic partners to help entrepreneurs connect with the resources and advice that is often needed to help grow a business. We believe that no business succeeds alone and that all business succeeds is built on the formation of mutually beneficial relationships with others that can help you nurture and grow your business.



So, come take advantage of this exciting opportunity to help your business succeed in today's increasingly fast-moving, complex and competitive economy. Please register on line at www.ci.pleasant-hill.ca.us, the City's web site, or call Wanda Graham, Administrative Secretary, at 671-5215 to reserve a space.

Keeping Downtown Pleasant Hill safe and "pleasant"

If you live in Pleasant Hill or the surrounding communities you have probably already found your way to the Downtown. Once you're there, you will find that the variety of stores will have you coming back day after day. Whether you are doing your weekly grocery shopping; getting a haircut; purchasing coffee; looking for books, music or videos; finding a new outfit or going to the movies or out for a meal, it is all conveniently located in Downtown Pleasant Hill.

Michelle Kaus, General Manager for Developers Diversified Realty (DDR), the owner of Downtown Pleasant Hill, said, "I hope the community takes great pride in this wonderful shopping area. The community is what makes a shopping center great! There is nothing better than to see people enjoying themselves and their surroundings as they go about their everyday lives." She added, "Downtown Pleasant Hill is a place where people can gather, shop, and socialize, and our goal is to maintain this property in a first class condition as a premiere property in Pleasant Hill. We like to refer to it as keeping the 'pleasant' in Pleasant Hill. In order to meet these goals, the support of the entire community is needed to keep the area clean, safe, and beautiful."

Over the years, shopping districts and malls have become increasingly more popular as places for teenagers to hang out. With the warm summer months quickly approaching and the structured days of school becoming a thing of the past, kids, and

particularly teenagers, often themselves with an abundance of time on their hands. With more free time, it is easier for teenagers to wander down the wrong path. Many malls and shopping districts across the United States are experiencing greater problems with groups of teens who hang out, create disturbances and loiter in the shopping areas. Every day legions of security officers at thousands of shopping malls attempt the task of making shoppers feels safe while not offending the teenagers who often represent the shopping centers' current and future customer base.

Michelle notes that DDR enforces "common courtesy rules" at their properties and asks community leaders, parents, and youth to work together to keep the Downtown clean, safe, and beautiful. Michelle cautions parents that DDR does not have the resources or responsibility to oversee the activities of



youths that are often left unattended to roam or just hang out in the Downtown. Like many other shopping center and mall owners, they have become de facto baby sitters and they are starting to say "No More."

Customers are encouraged to call the on-site security guards at 580-4202 to report any intimidating or unsafe behavior, or to get a courtesy shuttle ride around the Downtown.

By working together we can all keep the "pleasant" in Pleasant Hill. ♣



City accepting applications for commissions

The City Council for the City of Pleasant Hill is accepting applications for vacancies on the following commissions:



■ Civic Action Commission (CAC).

The CAC studies and makes recommendations to City Council on any and all subjects which improve overall quality of community life and grant requests made to the City. Meetings are held on the first Wednesday of each month at 6:30pm.

■ Redevelopment Advisory Commission (RAC).

This Commission advises the Redevelopment Agency on projects designed for the redevelopment areas of Pleasant Hill. RAC meets on the fourth Thursday of each month at 7pm.

If you are interested in serving on either of these Commissions and would like to receive an application, contact the City Clerk's office by phone at 671-5284 or by e-mail at lstehr@ci.pleasanthill-hill.ca.us

National Public Works Week celebrate community....



At the May 15 meeting, the City Council will proclaim May 21-27, 2006 as "National Public Works Week" in the City. National Public Works Week (NPWW) is a celebration of the tens of thousands of men and women in North America who provide and maintain the infrastructure and services collectively known as public works.

Instituted as a public education campaign by the American Public Works Association in 1960, NPWW calls attention to the importance of public works in everyday community life.

National Public Works Week is observed each year during the third full week of May. Through NPWW events, the community gains an understanding of public works issues through scheduled activities designed to inform residents, businesses, and visitors of the various services and programs provided. These planned activities include exhibits, displays, student outreach, handouts and other printed materials.

The theme for this year's celebration is "Public Works: The Heart of Every Community" and is centered on the community and public works employees. The City has several activities designed to draw attention toservices delivered by public works. Planned activities include:

- ➤ Display in City buildings, the Post Office, and the library of the 2006 National Public Works Week poster showing various public works activities and employees at work
- ➤ Information on the City's website pertaining to planned activities to celebrate National Public Works Week
- ➤ A Public Works informational exhibit located in the City hall main lobby area to spotlight recent successes and emphasize how they benefit our community
- ➤ In addition, there will be an open house for the community to see the latest equipment, mapping services, and other technology used in maintaining the public's infrastructure
- > And an outreach event supporting elementary school student's

knowledge and understanding of the world of public works

These activities will serve to promote an awareness that public works is vital to the growth and quality of life of our City. One of the more prominent activities planned will be an exhibition of public works vehicles and equipment in the south parking lot at City Hall. This exhibition will be held on Saturday, May 27, from 10am to 2pm to coincide with the Farmer's Market. It will be an opportunity to see City equipment up close with such vehicles like lift-trucks, tractors, and vacuum trucks on display and with public works staff available to share details about the equipment they use everyday.

Brochures and other printed materials will be available to inform the public of the services being provided, including flyers on a wide range of public works services such as current and planned projects, winter capital storm preparedness, Clean Water (Pollution Prevention) Program, traffic calming, construction debris disposal, and hazardous waste. Equipment demonstrations—like motorized storm drain inspection camera truck, for example, will be of interest to many. Residents will be able to learn how a storm drainpipe is checked and cleaned, how traffic signals operate, and how potholes are repaired. Besides just offering a unique perspective on public works, staff will be interested in obtaining resident opinions on the public works projects and services they use every day.

President Dwight D. Eisenhower once said of Public Works, "We have a tendency to forget the benefits accruing from the thousands of public works systems across the nation. But the very fact that these services are taken for granted is testimony to their efficiency and to the capability of those who build, maintain, and operate them." &

City Public Works staff to visit PH schools in conjunction with National Public Works Week

City staff that design, construct, operate, and maintain public works facilities will visit the second grade classes at the seven local elementary schools. Public works presentations will be made at Fair Oaks, Gregory Gardens, Hidden Valley, Pleasant Hill, Seguoia, Strandwood, and Valhalla.

The speakers will explain to students the numerous functions that are conducted by public works staff. Emphasis will be placed on the importance of science, mathematics, engineering, and technology by public works staff that uses these principles to take advantage of the increasing use of technology. Another primary aim of these presentations is to begin interest in the role of public work in the community at a young age.

In keeping with this year's theme, "Public Works: The Heart of Every Community," the second students will participate in a drawing contest. Students at each school will be asked to make a drawing in response to the question, "What is Public Works?" Teachers at each school will collect the drawings from all their students and select the one they feel most fully answers this question plus a runner-up. The drawing contest winner will be identified and be invited to attend the June 5 City Council meeting. The seven

-Continued next page

Pleasant Hill residents are just a bit more prepared...

Each of the 38 graduates of the first CERT class completed the program designed to train community members in emergency response so they can help themselves and their neighbors in the event of a disaster.

It is a grassroots approach to emergency preparedness. City staff, Police Department, and Contra Costa County Fire Protection District personnel taught the program.

The CERT program is 20 hours long, consisting of instruction and practical exercises. The focus of the CERT program was to train people living in neighborhoods to take care of themselves and their families for at least 72 hours and beyond. CERT members are taught to put out small fires, shut off gas and electric

utilities, conduct light search and rescue, and do triage and wound treatment. Other as topics such putting together your own disaster kit, home mitigation, how to identify a terrorist attack, disaster psychology, and the Incident Command System were discussed.

Those completing the training are listed in the sidebar.

The second training session for the CERT program will begin on Tuesday, May 23, continuing each Tuesday night from 6pm to 9:30pm for six weeks. If you have any questions about the City of Pleasant Hill's CERT program, contact the Pleasant Hill Police Department Investigations Division at 288-4631. Registration in the City of Pleasant Hill's CERT program can be found on the City website at www.ci.pleasant-hill.ca.us. .



Public Works —Continued from page 4

students who are selected will be presented with an award by the City Council in recognition of their accomplishment.

Pleasant Hill's celebration of National Public Works Week through a variety of activities will highlight the delivery of programs and services. This is an opportunity to inform the community about public works and its role in the City, educate youth about its importance, and recognize the public works professionals for their dedication and commitment to Pleasant Hill's health, safety, comfort, and quality of life.

Public Works is commonly referred to as the "Silent Services" because the public accepts much of what City staff does on a daily basis as matter-of-fact, and the only time they may notice is when there is a problem or something doesn't work.

"We have a tendency to forget the benefits accruing from the thousands of public works systems across the nation. But the very fact that these services are taken for granted is testimony to their efficiency—and to the capability of those who build, maintain, and operate them," said President Dwight D. Eisenhower of public works. The City joins agencies across the country honoring this weeklong celebration recognizing the efforts of public works professionals and their significant contributions to a positive community environment and infrastructure. .

Pleasant Hill's 1st **CERT Graduation Class**

Margaret Bradford Linda Belt Linda Carpenter Faye Davis Patricia Derickson Miguel Diaz Joyce Dickey Dennis Donaghu Faye Donaghu Ellen Ellery Jill Estes Robert Finn Paula Fleeman Ralph Foltz Connie Foote lames Gallagher Anne Miller Grabowicz **Gregory Gould** Barbara Hall John Hanacek Michael Harris Thora Harshman Marsha Heaston Roy Henderson Patricia Arnold Kempton Kathleen Maxwell Carolyn Morgenstern Pam Mosher Wayne Mosher John Northey Sandy Papenfus Steve Papenfus Jeanne Pearson Elisa Pini Michael H. Pon June Rogers **Scott Sanders Beth Slate** Tom Slate Joanne Spenser Mark Taylor Lisa West

CONTRA 0 S T A COUNTY LIBRARY

Pleasant Hill Library presents programs to the community

"Creature Creation" teen art contest

Teens in Pleasant Hill are invited to submit two-dimensional art for the "Creature Creation" art contest at the Pleasant Hill Library.

Entries will be displayed in the library to promote the Summer 2006 Teen Reading Program and artists will interpret the program theme "Creature Feature." After May 1, contact the Pleasant Hill Library during open hours at 646-6434 for complete details and to pick up an entry form.

■ Eligibility

Teen must live or attend school in Pleasant Hill, grades 6-12 exclusively. No more than one entry per student will be accepted. High school and middle school entries will be judged separately. Entries must be original and unpublished work of the entrant, and follow the contest theme "Creature Creations."

Deadline

Entries must be delivered in person to the Pleasant Hill Library Information Desk at 1750 Oak Park Boulevard, Pleasant Hill, beginning Tuesday, May 30, and no later than 6pm on Saturday, June 10.

■ Rules

Art must be no smaller than 8.5" x 11" and no larger than 11" x 17". Materials may be any two-dimensional media (e.g. paint, colored pencils, photography, and collage). Please, no sculptures, pop-ups, or three-dimensional forms.

■ Winning Entries

Winners will be selected from qualified entries by a panel of judges on the basis of creativity, originality, skill, and theme. All entries submitted become property of the Contra Costa County Library, and selected entries may be published or displayed.

■ Reception

Winners will be announced at a reception at the Pleasant Hill Library on Wednesday, June 21, at 7pm, sponsored by the Friends of the Pleasant Hill Library. Winners will be notified and are expected to attend the reception.

Prizes

The first 100 entrants will receive a coupon for a free individual size pizza from Red Brick Pizza in Pleasant Hill. Three winners in the middle school division and three in the high school division will receive a gift card to Michaels. 💠

Book club begins new series and new time



The Pleasant Hill Library Book Club is shifting to a new night beginning Tuesday, May 9, when the meetings will change to the second Tuesday evening of each month at 7pm. Having completed a series of Pulitzer Prize winners, the Book Club will also begin a new series of titles with a Latin American theme, starting with:

- ➤ May 9: Tortilla Curtain, by T. C. Boyle
- ➤ June 13: Monkey Hunting, by Cristina Garcia
- ➤ July 11: Living to Tell the Tale, by Gabriel Garcia Marquez and Edith Grossman
- ➤ August 8: Zorro: A Novel, by Isabel Allende

Business workshops spring series begins

In May 2006, the Contra Costa County Library and the Contra Costa Small Business Development Center are partnering to offer a workshop spring series for small business owners and future entrepreneurs.

All are welcome to attend these free workshops in any community, and this series includes two workshops that will be presented at the Pleasant Hill Library, Gates Computer Lab. Space is limited and pre-registration is required. Contact the Contra Costa Small Business Development Center at 646-5377 or e-mail cjensen@contracostasbdc.com, entering the name of the workshop on the subject line. Here is an example of an upcoming workshop:

Identify Your Customers and Competition Using ReferenceUSA

Tuesday, May 23, 6:30-8pm

Presenter: Valerie Zito, Library Specialist for Business, Contra Costa County Library.

Some things you will learn:

- To save money using the library database, ReferenceUSA, as a marketing resource.
- To construct a useful search strategy for sales and marketing.
- To identify potential customers within a radius of your location.

Information about the whole series is listed in the Business Calendar found on the Business Connection web site for Contra Costa County Library. Visit the web site at www.ccclib.org/business. Other topics include:

- Providing Good **Customer Service**
- Writing a Business Plan
- Six Points to Successful Sales
- Managing Human Resource Issues. 🌲

New reading ideas for book lovers at Book Club Forum

Project Second Chance, the Contra Costa County Library's adult literacy program and the Friends of the Pleasant Hill Library will be hosting another special evening for people who love to read at the Third Annual Book Club Forum.

The inspiring Ron Shoop, from Random House, is coming to the Pleasant Hill Library at 1750 Oak Park Blvd. on Wednesday, June 14, at 7pm to present one of his popular Book Club Forums. He will share a list of 12 new books in paperback that are bound to generate lively discussion suitable for book clubs or cozy chats among friends. The event is free, and a free raffle will conclude the program.

Although all of the books Ron describes in his Book Club Forums may be checked out from the Library, Orinda Books will be on hand to sell any of the titles that intrigue you. A percentage of the proceeds will be donated to Project Second Chance and the Friends of the Pleasant Hill Library.

Ron Shoop's love of sharing good books has given his well-attended programs the reputation of being "mesmerizing and stimulating" and an easy, good time for all book lovers. Don't miss this opportunity! Bring a friend!

For more information call Project Second Chance Director Susan Lynn at 927-3250 or the Pleasant Hill Library at 646-6434 during the open hours of Monday, Tuesday, and Thursday from noon to 8pm; or Wednesday, Friday and Saturday from 10am to 6pm.

Baseball and Muir anchor author evenings

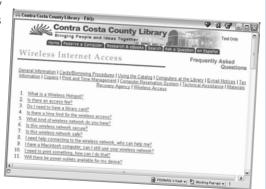
Baseball season will be in full swing by Wednesday, May 3, at 7pm when the Pleasant Hill Library will host sports writer Kevin Nelson. His book, *The Golden Game: The Story of California Baseball*, covers baseball and the Gold Rush, baseball crook Hal Chase, Joe DiMaggio, Ted Williams, Babe Ruth, and Willie Mays, as well as the rise of the baby boom generation of players.

Fred White, editor of *Essential Muir: A Selection of John Muir's Best Writings*, will be at the Pleasant Hill Library to discuss his new offering from Heyday Books on Wednesday, June 7, at 7pm. This collection includes the best of his writings on nature as well as thoughts on religion and society. This book presents a fresh look at one of California's greatest literary figures.

All Pleasant Hill Library programs for all ages may be found on the Contra Costa County Library website under Programs & Services at www.ccclib.org/programs/cen.html.

Wireless access @ Contra Costa County Library

The Contra Costa County Library is now offering free wireless connections to the Internet for its customers at all library locations. The service is available to anyone with a laptop or other Wi-Fi enabled device. For detailed information about wireless settings, go to http://ccclib.org/faqs/wireless.html. Go to the library in and give it a try!





Berggren elected to two statewide offices

Pleasant Hill Recreation & Park District General Manager, Bob Berggren was elected President of PARDEC (Park and Recreation District Employee Compensation) and Vice-President of CAPRI (California Association for Park and Recreation Insurance) this past February.

Both are statewide Joint Powers Authorities made up of California recreation and park districts joining together for reduced rates on workers compensation coverage and liability/property damage insurance.

Berggren has some practical strategies to share with these two groups. He recently announced that Pleasant Hill Recreation & Park District had the lowest "experience modification factor" among all recreation and park districts in the state of California. This 70% experience modification factor will have a very positive impact on the rate Pleasant Hill Recreation & Park District will pay for Workers Compensation coverage, in turn, saving the community thousands of dollars.

As a leader of both groups, Berggren will help other California districts improve safety and reduce the rates they pay for insurance.



Bob Berggren, General Manager, Pleasant Hill Recreation & Park District

Activities in the community...Camps, youth talent...



Summer excitement ahead!

Now is the time to make plans for a summer packed full of great activities from the Pleasant Hill Recreation & Park District. Here are some ideas:

- Recreation Summer School will be held this year at Hidden Valley Elementary School in Martinez. This popular six-week program offers a variety of enriching activities for youngsters entering grades 1 - 7. Staffed by adults and teens, Recreation Summer School has become a tradition that everyone loves. Pick up the Recreation Summer School 2006 brochure at schools, the library, and the Pleasant Hill Community Center. Again this year, the core program takes place Tuesdays, Wednesdays, and Thursdays between 9:30am and 12:20pm. Afternoon Recreation will be from 12:30 to 4:30pm, with theme days, trips, and swimming. Extended Care from 7 to 9:20am is also available. Register early for best selection of these popular classes. For more information, call 798-3824.
- Summer Camps are plentiful this year! Pleasant Hill Recreation & Park District has day camps for pre-schoolers, youth, and teens. Every camp is tailored to the age and interest of participants and designed to build an action-packed summer that your child won't forget! Individual camps offer adventure, arts and crafts, games, Legos, "Mad Science," magic, and much more! Make this a summer to remember! Call for a Summer Camps brochure, check the Spare Time Spotlight with the youth tri-athletes on the cover, call 676-5200, or log onto the district web site park www.pleasanthillrec.com. &

Star Quest goes "Back To Broadway!"

A special treat is in store for Star Quest goers...and for those who haven't yet had the good luck to see this special production. The theme this year highlights many Broadway hits. And the extremely talented youth performers have been coached by two professional Broadway stars—Meredith Patterson and husband Shonn Wiley!

'Merie' performed in the very first Star Quest show 14 years ago, and soon after left for New York City to chase her dream of Broadway. Her dreams came true in 2000 when she debuted on Broadway in The Green Bird and the following year starred as 'Peggy Sawyer' in the Tony Award winning 42nd St Revival. And many more roles followed from there.

Along with her theater credits, Meredith has recently been introduced in the TV and Film industry. She was 'Lady Alyssa' in Disney's recent hit *The* Princess Diaries II, opposite Bill Murray in the Jim Jarmusch film for Focus Features, and debuted in Paramount's Film Company Man (2000). Most recently she was seen with Tom Selleck on the popular Boston Legal on ABC.

Meredith has also been hard at work in Los Angeles fulfilling a lifetime dream of producing and recording her own music. She has been writing since she was 18.



The Star Quest producer, director, committee and cast are all very pleased to have such a talented performer (and Star Quest grad) helping out with this year's production! And the costuming alone is incredible...there are about 230 costumes used in the performance!

Brainchild of producer Jim Nunes, Star Quest was begun to provide a positive program where kids of the community, grades K through 12, could showcase their artistic and theatrical talents and strengthen their confidence. stage presence, self esteem and ability to interact with an audience. Since inception, Star Quest has given over 830 young entertainers and artists a forum and opportunity to audition, perform, and display their talents.

Star Quest is sponsored by the Rotary Club of Pleasant Hill and many of the members work on the committee and during the shows.

The show will be performed two days this year on May 6 (7pm) and 7 (2pm) at DVC Performing Arts Theatre. Tickets may be purchased at PH Police Department, PH Community Center, or PHRec & Park District Office on Gregory Lane. \$8 advance, \$10 at door.

Don't miss this very special performance! The 230 costumes alone will be worth it!



Front row: Meredith Patterson Wiley and Shonn Wiley. Back row: Ionathon Nottage. Megan Botts, Becky Witus, Haley Keim, Harry Jamison Lambourne, Emilie Simons, Gracia Jensen, Katie Azhorak, Ashley Edson, and Kiley Lambourne.

...parades, picnics, and fireworks!

4th of July Commission blasts back to the past for the Fourth!

The Pleasant Hill Fourth of July Commission is busy putting together an unforgettable event for 2006. This year's Independence Day theme, "Celebrating Pleasant Hill Pioneers," will bring a festive atmosphere and old fashioned fun for the entire family.

The day will start off with a bang as community. the Firecracker 5K Fun Run, sponsored downtown Pleasant Hill.

The race starts at 7:30am. Everyone, including the "youngins," can participate or come out and cheer on friends and neighbors as they make three loops around the parade route. All proceeds from this event benefit our Pleasant Hill schools.

Following the race will be the "Celebrating Pleasant parade, starting at Pioneers" 9:30am. Trophies will be given for the best pioneer-themed float (towed or automotive) and best pioneer-themed walking entry.

Pleasant Hill's vibrant beginnings date from 1848 until its incorporation in 1961. The spirit of Hill's Pioneers Pleasant reflected today in its thriving

encourage involvement by putting together a fun, by Fleet Feet Sports, gets underway in musical entry to entertain us. Round up your friends, family, and colleagues. Rap

> on washboards, bang on garbage cans and blow into bottles-and you've got yourself a band!

After the parade, the festivities continue with a party in the park at 147 Gregory Lane. Join us for FREE entertainment including live performances, children's games, a climbing bounce wall.

community booths, and more. Back Forty will provide a rip roaring barbeque complete with ribs, chicken, hot dogs, salad, and soda for purchase. The party will go from 10:30am to 2:30pm.





At dusk, the sky will light up over College Park High School. Bring a blanket and sit back with a few thousand of your neighbors to enjoy this fabulous fireworks display. Refreshments will be available throughout the show.

The City of Pleasant Hill, the Fourth of July Commission, the Pleasant Hill Recreation & Park District, local businesses, and many volunteers look forward to seeing you on Tuesday, July 4. information, more application, to donate or volunteer, contact Jim Bonato at 938-5433. •





And don't forget the summer concerts! See page 15 for the entire upcoming musical season.....and the sponsors who are supporting it.

Pleasant Hill's **OUTLOOK** May/June 2006



Fun water theme planned for 2006 Golf Classic

Have you reserved your spot yet for the 6th annual Sunvalley Golf Classic on May 8? If not, better do so....or you'll miss out on all the fun!

Proceeds this year are going towards the new Sprayground, a water play park for Pleasant Hill. And the theme for the golf tournament will be water, water, water! There may even be a water pistol or two found on the course.

Golfers and volunteers encouraged to relax and wear Aloha shirts. The fee includes a round of golf (scramble format) at Contra Costa Country Club, BBQ lunch, dinner, putting contest, auctions, and a chance to win prizes. This is probably the most fun tournament around!

For more information or to sign up, call 682-0896.

PH Garden Study Club Plant Sale Is May 13

A spring tradition in Pleasant Hill will continue this year when the Pleasant Hill Garden Study Club hold its 57th annual plant sale on Saturday, May 13, the day before Mother's Day.

The sale will be held from 9am to 2pm at the Winslow Center, located at the corner of Pleasant Hill Road and Taylor Boulevard.

A huge selection, great prices and easy parking make this a "don't miss it" event. The club is affiliated with the Pleasant Hill Recreation & Park District. Much of the sale's proceeds are donated back to the other district and to organizations that reflect the club's mission of community beautification.

The club meets at 7pm on the first Tuesday of each month (except July and December) at the Pleasant Hill Community Center, 320 Civic Drive. Guests are welcome. For more information, contact Jan Egan at 932-3278 or visit the club's website at www.phgsc.com &



Chamber hosts Community Health Fair



The Pleasant Hill Chamber will host a FREE Community Health Fair at the Community Center on Thursday, May 11,

from 4 to 7:30pm. The theme for the event is "Healthy Living from Start to Finish," and will focus on battling childhood obesity and improving the quality of life in senior years.

There will be samplings of healthy foods from local stores and restaurants and exhibits that address healthcare concerns. For more information, contact the Chamber at 687-0700 or via e-mail at info@pleasanthillchamber.com. 💠

Presentations at the event are:

- 4:15 pm: "Overcoming Weight Challenges with herbs and Nutrition"
- 5:15 pm: "Improving with Age"
- 6:15 pm: "Relief from Arthritis"



Grocery Outlet hosts bagging event for **Special Olympics**

On Saturday, May 13th, there will be a Courtesy Bagging event at the Grocery Outlet in Gregory Village at 1671 Contra Costa Blvd. from 9am to 4pm. Police officers from the area will be bagging

groceries to raise money for Special Olympics. The Red Cross Blood Bank van will also be there. There will be a spinning wheel with prizes, and the Pleasant Hill Police Department will provide free fingerprinting for children and free gunlocks.

Other activities are planned including events for children.

For more information, contact Patrick Lynch, the owner of Grocery Outlet, at 676-3660.





A heartfelt thank you from PH Rotary!

Does anyone have more fun doing good for the community than the Rotary Club of Pleasant Hill? It's doubtful!

Once again the club put on their raucous St. Patrick's Night of Merriment and invited the community. About 300 would-be Irish accepted



Adrianne Roe admires the green outfit worn by Rotary Club President Amy Wasser (right).

the invitation and had the time of their lives! In a VERY green setting in the Community Center, Rotarians and guests wined and dined while enjoying Irish Dancers, bid each other up in silent and live auctions, and crossed their fingers while the raffle winners were called. One way or another, almost everyone present went home with a prize.



Corned beef, cabbage, and Irish stew was a big hit...as always!

And all for a very good cause! The funds raised from this 6th annual St. Patrick's celebration, as always, will be returned to the community in the form of grants. This year a portion of the funds raised will go to the PH Community Foundation to support their campaign for a new water playground, the Sprayground at Pleasant Hill Aquatic Park. 💠

Seniors on the Go!

Things are happening at the Pleasant Hill Senior Center! After the successful Laugh, Love & Learn program on April 28, the seniors are planning two more events to support their many services to seniors.

★ Step Out for Senior Centers Friday, May 19

Invite your friends and family, put on your walking shoes, and meet at the Senior Center at 8:45am for a power breakfast and a walk through downtown Pleasant Hill. This event



highlights the Pleasant Hill Senior Center's goal to promote a positive image of aging and the need for a new Senior Center here. This walk is open to all ages.

★ Simply Salads, Tuesday, June 13

If you love a great salad bar, a variety of tempting desserts, and a chance to win great prizes, plan on attending Simply Salads on June 13 at the Pleasant Hill Community Center. Proceeds from this award-winning event support the Care Management Program at the Pleasant Hill Senior Center. This program provides seniors and their families with easier access to information, an increased awareness of resources and entitlements, and immediate support for crises and concerts. It is funded, in part, by a Community Development Block Grant, the Pleasant Hill Recreation & Park District, and fundraisers like Simply Salads.

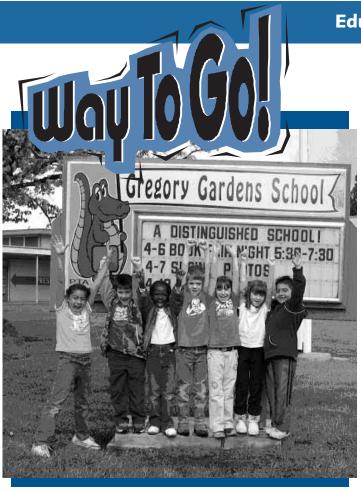
The 13th Annual Simply Salads begins at 11:30am at the Pleasant Hill Community Center. Tickets are just \$8 general; \$6 seniors. Purchase in advance at the Senior Center or at the door.

If you would like to donate a prize for the raffle, call Catherine Reed or Kendra Luke at 798-8788.



For more information on Step Out for Senior Centers or Simply Salads, call the Pleasant Hill Senior Center at 798-8788. 🛳

Education in Pleasant Hill



Gregory Gardens students celebrate being recognized as a California Distinguished School.

Gregory Gardens recognized as a California distinguished school

Gregory Gardens Elementary School has been named a California Distinguished School. The California School Recognition Program "honors some of the state's most exemplary and inspiring public schools. Schools selected for Distinguished School Awards are strong, well-rounded community schools."

School pride at the Gregory Gardens community was apparent as they combined efforts to describe the school's vision of helping all students achieve high standards in a safe and respectful environment. In its written application to the state and again during a site validation, faculty offered insight into the creative ways in which they educate the children, help them develop character and ultimately achieve their potential.

According to the three-member Site Validation Team, "Gregory Gardens Elementary is a model school where everyone feels welcome and students are successful, both academically and socially. There is a sense of trust, loyalty and high standards that inspires all."

Pleasant Hill congratulates the student, faculty and community at Gregory Gardens Elementary School! &



DRUG ABUSE RESISTANCE EDUCATION

11th Annual DARE day

Los Angeles Dodgers vs. Oakland A's

Saturday, June 17, 2006 6:05pm

Discounted tickets

- > Field level \$20.00
- ➤ Plaza Level \$12.00
- ➤ Plaza Level Outfield \$8.00
- > Pre-game BBQ Tailgate Party in south Parking Lot B starting at 3:30
- > Players autographs
- > Interactive games

For more information contact Officer Terry Foreman at 288-4686



Local families still needed to host international students

Host families still needed to house international students arriving for both the summer program and fall semester at DVC. Long or short term placements are available, and host families are compensated \$650 a month per student. All types of families are welcome (single, married, with or without children, etc.) and families may host more than one student. For more information, contact the Housing Coordinator, Fia Parker at 876-0080, or by email at fparker@dvc.edu..

PLEASANT HILL Education Commission

Pleasant Hill students to perform in the downtown

Pleasant Hill student musicians and performers from elementary, middle and high school will demonstrate their talent at the third annual Student Showcase May 11 and 18. Sponsored by State Farm Insurance and the City's Education/Schools Advisory Commission, the event showcases the talents of students in free concerts in the Downtown Plaza. Performances are free and from 3:30 to 8pm.

"We recognize the talent and creativity of what our students are doing," said Joie Spinelli, master of ceremonies and member of the Education Commission. "These kids show us the traits of the Community of Character we try to promote in the schools."

The Community of Character traits are:

- Integrity
- Respect
- Responsibility
- Fairness
- Caring and
- Citizenship

Schools participating in the two-day event are Hidden Valley Elementary, Valhalla Elementary, Pleasant Hill Elementary, Gregory Gardens Elementary, Strandwood Elementary,

Thursday, May 11

Downtown Stage (near the fountain across from Left Bank Restaurant and Sweet Tomatoes)

- 3:30 Hidden Valley Elementary Chorus
- 4:00 Hidden Valley Elementary Band
- 5:15 Pleasant Hill Middle School Jazz Band
- 6:00 Sequoia Middle School Jazz Band
- 6:45 Valley View Middle School Jazz Band
- 7:30 College Park High School Jazz Band

Pleasant Hill Middle, Sequoia Middle, Valley View Middle, and College Park High. In addition, artwork from all schools will be on display in windows in the downtown area as well as Art Gecko through May 26.



Below is the schedule of performances for the schools.

Thursday, May 18

Downtown Stage (near the fountain across from Left Bank Restaurant and Sweet Tomatoes)

- 3:30 Valley View Middle School String Ensemble
- 4:10 Sequoia Middle School String Ensemble
- 4:50 Pleasant Hill Middle School String Ensemble
- 5:30 Pleasant Hill Elementary Chorus
- 6:00 Gregory Gardens Elementary School Chorus and Song Flutes
- 6:30 Valhalla Elementary Chorus and Strandwood Elementary Chorus
- 7:00 College Park High School Chorus

Meetings

Friends of Rodgers Ranch general meeting

The Friends of Rodgers Ranch will hold a general meeting on Monday, May 8, at 7pm at the Pleasant Hill City Hall Community Room. The guest speaker will be Mrs. Dorothy M. Ligda, author of "Saranap, Then and Now." Mrs. Ligda weaves a tale of the diverse and interesting community southwest of Walnut Creek. Through interviews, descriptions, and history she tells of the area from the earliest days to the present.

There will also be an update on the restoration progress and election of officers. Refreshments will be served. Join them for an enjoyable evening.

Friends of Pleasant Hill Creeks

The Friends of Pleasant Hill Creeks will hold its next meeting on June 7 at Sequoia Middle School, 265 Boyd Rd, Rm C5. If you are concerned about the future of your creek and its health, safety and appearance, water quality and mosquitoes or flood control, you will want to participate in their bi-monthly meetings.

Mitch Avalon, from the Contra Costa County Public Works Department, will give a lecture at the next meeting on flood control in Pleasant Hill. The agenda for the next meeting will also include additional work at Ellinwood Creek as well as future projects involving the County's GPS and macroinvertebrate monitoring.

Visit the group's website at www.fophcreeks@land4urganwildlife.or g for more information. You may add your name to their e-mailing list. In addition, you may send an e-mail message to the group at fophcreeks@land4urganwildlife.org if you want to contact them directly or if you have trouble with the link above. Help see that your creeks become something your neighborhood can take pride in!

Spring recipes from the Farmers' Market...

Risotto with Green Garlic and Asparagus

1 large red onion, chopped 2 tablespoons olive oil

1 ½ cups Aborio or Carnaroli rice or you can substitute barley for more fiber and protein

about 6 cups stock, heated

4 tablespoons olive oil

1 pound asparagus, sliced in 1/4 in pieces

4 stalks of green garlic, cleaned and sliced

6 ounces of grated parmesan cheese 3 tablespoons chopped parsley

Kosher salt and freshly grated pepper

Heat olive oil in a deep, heavy sauce pan. Add onions and sauté for about 4 minutes until they begin to caramelize. Add the rice or barley and sauté for 3 to 4 more minute until the rice becomes opaque and starts to brown. Add a cup of stock and let it come to a boil. Stir well and reduce heat slightly to a simmer. When stock is almost absorbed add another cup and let absorb. Add another cup and keep repeating until risotto is creamy and almost soft. Turn off heat and in another sauté pan heat the olive oil and sauté green garlic and asparagus until both are bright green. Stir into rice and season with parsley, salt and pepper. Serve with grated cheese.

Serves 4

Strawberry Rhubarb Pie

3 cups fresh rhubarb, cut into ½ " pieces 3 cups fresh strawberries,

hulled and halved

3/4 cup sugar

3 tablespoons cornstarch

½ teaspoon kosher salt

¹/₄ teaspoon vanilla extract (optional) pastry for a double crust pie

Combine strawberries. sugar, cornstarch, salt and extract in a large saucepan and let sit for 15 minutes. Bring mixture to a boil and stir gently until thickened. Remove from heat and let cool 1 hour.

Preheat oven to 375°. Spoon filling into pastry lined pie pan. Place top crust on and crimp edges. Cover edges with strips of aluminum foil. Cut vents into top and sprinkle with 2 tablespoons of sugar. Bake 30 minutes and remove foil from edges. Bake 15 more minutes until golden brown. Cool 30 minutes before serving. Serve with vanilla ice cream.



Sweet Cherry Crumb Pie

1 pre-baked 9" pastry shell

Topping

1/4 cup flour

½ cup sugar

pinch kosher salt

6 tablespoons butter, cut into small pieces

½ cup raw almonds. chopped medium fine

1 tablespoon quick cooking tapioca

3 tablespoons sugar

4 ½ cups pitted fresh cherries

Preheat oven to 375°.

Prepare the topping. Mix the flour, sugar and salt together in a small bowl. Add the butter working it in quickly with the tips of your fingers. (or mix it in your food processor.) Stir the almonds in by hand and set aside.

In another bowl mix together the sugar and tapioca. Layer the cherries into your pre-baked pie shell in thirds alternating the sugar mixture with the cherries. Cover the cherries completely with the topping and press down gently.

Bake the pie on the bottom rack of the oven until the topping is golden and the juices are beginning to bubble, about 45 minutes. Remove pie from oven and let cool to room temperature before serving.

Are you a newcomer to the area? This might be for you!

The Newcomers Club of Walnut Creek (and surrounding communities of Pleasant Hill, Concord, Lafayette, Clayton) is a local, non-profit social organization open to all new residents of the area. There are no other Newcomers Clubs in the area except Walnut Creek, so our members represent and live in many communities.

The purpose of the Newcomers' Club is to provide opportunities for fellowship

among new residents of the Walnut Creek area and to assist them in exploring the community. Monthly coffees are for both current and prospective members. All coffees are held on the second Wednesday of each month in our homes. We offer many social opportunities including bridge, golf, tennis, gourmet cooking, book club, bunko, community outreach and enjoy sightseeing excursions, luncheons at

local restaurants and other social activities. There is a monthly newsletter and a web site. http://www.newcomersclubofwalnutc reek.org. Non-members are welcome to attend any three activities before joining Newcomers. Once the decision is made to be a part of an activity, they are expected to become dues-paying members. Dues are \$25 per year, to cover administration expenses. .



Enjoy the sounds at the....

2003



Elvis with the Dave Crimmen Band

'em back...Stone Soup



Always a favorite....Mixed Nuts

On the lawn by the lake at

Pleasant Hill City Hall

Gregory Ln & Cleaveland Rd



A fun children's concert... Andrea Gaspari and her Musical Adventures

meannmun e

They were fun... Fast Times!

LIVE Music 6-8pm!

May 28 STONE SOUP

Jun II DAVE CRIMMEN BAND

Jun 25 MIXED NUTS

Jul 9 FRANKIE G & CONVICTION

Jul 16 ANDREA GASPARI

Jul 23 DELTA DOGS

Aug 6 **FAST TIMES**

Aug 20 COVER2COVER

Sep 3 **JIM CAROOMPAS BAND**



Oh, yes...Delta Dogs!



Frankie G & Conviction.. they are real crowd pleasers!

. . It's going to be another GREAT season!!

Sponsored by the Pleasant Hill Civic Action Committee and the following businesses:



Popular local band...Cover2Cover!!





JUN II

ALAIN PINEL Kwon Lee 925.827.3500 Jane C. Lock, Realtor 925.627.3092 JUN II









Clip our this flier and keep for the season! And visit www.pleasanthillconcerts.com for all concert information.

Economic Development/Business News in Pleasant Hill welcomes new businesses...

Our hope is that you will learn about a new business in the City that provides goods/services that you may need or find useful. The City of Pleasant Hill is committed to enhancing the viability of the business community and improving communication and service among business, government and residents.

Contact Kelly Calhoun at 671-5213 for additional information on locating or expanding your business operations in the City of Pleasant Hill.

New businesses in February 2006

Alyce Nunley (Hair Stylist)

101 Gregory Lane 510-388-4574

Andrea M. Vitz, D.C. (Chiropractic Office)

2100 Monument Blvd., Ste. 17 925-676-9245

Auto Kings (Used Auto Dealer)

3333 Vincent Dr., Ste. 210 925-577-7867

Clarence Ross Hilliard (Psychotherapy)

2800 Pleasant Hill Rd., #110 925-360-7610

Daniel C. Leung, DDS

401 Gregory Lane 925-689-4404

DW Management Consulting

841 Grayson Lane 925-944-1314

Edward D. Jennings, DC (Chiropractic Neurologist)

1610 Oak Park Blvd. 925-934-5088

Ezella (Hair Salon)

101 Gregory Lane, Ste. 32 925-788-8158

| Sold It/Peter Vasilev LLC (EBAY Consignment)

720 Contra Costa Blvd. 925-687-5348

Kathy's Astrology (Astrology Consultant)

1250 Contra Costa Blvd. 510-895-2424

Kelly Ann's Salon & Day Spa

607 Gregory Ln., #180 925-944-5655

Pleasant Hill Shell

2401 Pleasant Hill Road 925-933-5267

Prof. Therapeutic Massage

140 Mayhew Way, Ste. 202 925-212-4519

Ravna Kamerzell, D.C. (Chiropractic Clinic)

2100 Monument Blvd., #17 925-676-9245

Re Nu Healthcare Center (Accupressure)

1100 B Pleasant Valley Dr. 415-244-4945

Soleil Tanning Salons

220 Golf Club Rd. 925-825-1155

Strong Pause (Massage Therapy)

101 Gregory Lane 707-590-0424

Studio M (Hair Studio)

2611 Pleasant Hill Road 925-525-8389

Travelcenter Tours & Travel

1936 Oak Park Blvd. 925-937-2223

Arvanpure Consulting

925-899-7611

Diable Valley Mold Detection

925-876-3261

Fido Can2

415-200-9337 www.fidocan2.com fidocan2@earthlink.net

Nhu's Company (Consultation)

510-710-1469

Piedmont Venture Group

510-843-1857

Wood Revivers

925-349-4099

New businesses in March 2006

Advanced Spinal Decompression

1100-A Pleasant Valley Drive 925-287-8550

Attunement Massage

140 Mavhew Wav. Ste. 202 925-202-5311

Choice Endodontics

81 Gregory Ln., #200 925-363-3553

Ellinwood Nail Spa

1300 Contra Costa Blvd.

Golden Nail Salon

2360 Monument Blvd., Ste. A 925-674-1718

Heartfelt Massage

140 Mayhew, #900 925-497-8315

Lilian Lorety Oliveira (Cosmetologist)

2770 Pleasant Hill Rd. 925-935-1660

Marius Dragutoiu (Esthetician)

395 Civic Dr., Ste. C 925-726-0300

Pleasant Hill Market

2397 Pleasant Hill Rd. 925-945-1585

Renee Sherman, CMT

140 Mayhew Way, #200 925-726-8264

Robin Castro (Massage Therapy)

2367 Pleasant Hill Rd. 925-899-5703

Tara Edmonson (Hairstylist)

1603 Oak Park Blvd. 925-938-8272

Will's Auto Sales

3333 Vincent Rd., Ste 208 510-685-5561

2nd Home West, LLC (On Line Real Estate)

925-899-1419 www.Cashonclose.com

Brooke Elissa Designs (Jewelry)

925-323-8710

Satisfaction Security System

925-680-6532

UMT Liquidation (On Line Sales)

925-825-9067

City Meetings



WHEN		WHAT	WHERE
Mon I	7:30 pm	City Council-Redevelopment Agency	Council Chambers
Wed 3	9:30 am	Commission on Aging	City Hall Small Community Room
Wed 3	6:30 pm	Civic Action Commission	City Hall Small Community Room
Thu 4	5:00 pm	Architectural Review Commission	City Hall Small Community Room
Tue 9	6:00 pm	Traffic Safety Commission	City Hall Community Room
Tue 9	7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Tue II	5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 15	7:30 pm	Redevelopment Agency-City Council	Council Chambers
Tue 16	7:00 pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 18	5:00 pm	Architectural Review Commission	City Hall Small Community Room
Tue 23	7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Thu 25	5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 25	7:30 pm	Redvelopment Advisory Commission	City Hall Large Community Room
Mon 29	CITY OFFICES CLOSED FOR MEMORIAL DAY HOLIDAY		



WHEN		WHAT	WHERE
Thu I	5:00 pm	Architectural Review Commission	City Hall Small Community Room
Mon 5	7:30 pm	City Council-Redevelopment Agency	Council Chambers
Wed 7	9:30 am	Commission on Aging	City Hall Small Community Room
Wed 7	6:30 pm	Civic Action Commission	City Hall Small Community Room
Thu 8	5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Tue II	6:00 pm	Traffic Safety Commission	City Hall Community Room
Tue 13	7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Thu 15	5:00 pm	Architectural Review Commission	City Hall Small Community Room
Mon 19	7:30 pm	Redevelopment Agency-City Council	Council Chambers
Tue 20	7:00 pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 22	5:0 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 22	7:30 pm	Redevelopment Advisory Commission	City Hall LargeCommunity Room
Tue 22	7:30 pm	Planning Commission (Public Hearing)	Council Chambers



CITY OF PLEASANT HILL

100 Gregory Lane Pleasant Hill, CA 94523-3323 925-671-5270 www.pleasanthill.ca.gov

CITY OFFICIALS

Mayor Terri L. Williamson Vice Mayor David E. Durant

Councilmembers

Suzanne Angeli John Hanecak Michael G. Harris

City Manager Michael Ramsey City Clerk Marty McInturf Suzanne J. Salter Treasurer

CITY HALL HOURS

Monday-Wednesday 8:30am-5:00 pm 8:30am-6:00 pm Thursday Friday 8:30am-1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for Jul/Aug is Jun 5. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Louie Gonzalez at 671-5229, fax to 671-5238, or email to Lgonzalez@ci.pleasant-hill.ca.us.

PUBLISHED ON RECYCLED PAPER

Louie Gonzalez Donaghu Graphic Designs Design

COVER: Farmers Market at City Hall.

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911				
288-4600				
930-5500				
671-4646				
687-0700				
682-0896				
685-4711				
800-743-5000				
798-8788				
671-5272				

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Be sure to come to one of the PH Police **Law Enforcement Torch Run events**

The Special Olympics Northern California Law Enforcement Torch Run is part of an international effort by law enforcement officers to raise public awareness and provide financial support for year-round training and athletic sports competition for individuals with intellectual disabilities. Your tax-deductible donation supports Special Olympics Athletes from Contra Costa County. You can take pride in knowing you contributed to making a difference in the lives of the athletes and their families. Please join us at any of our upcoming events.



★ Tip a Cop

Devino's Pizza & Pasta, Friday May 19, 2006 6-9pm

Back 40 Texas BBQ Friday July 14, 2006 6-9pm

★ "Evening for Heroes"

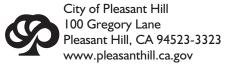
Wine Tasting, Dinner, and Auction Saturday, September 9, 2006 \$50 per person \$75 per couple Tickets on sale June 2006 Seating is limited

★ 3rd Annual Crab Feed

Saturday, February 17, 2007 Pleasant Hill Community Center \$35 per person Tickets on sale Nov 2006 Seating is limited

For more information contact Lt. John Pratt Pleasant Hill Police Department at 288-4610 or by e-mail to jpratt@ci.pleasant-hill.ca.us.





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